

JUNE 2026

PHONE: 250-564-2447

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Monday

Tuesday

Wednesday

Thursday

Friday

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	1 Coffee Group 11:00 am-12:00 pm	2 Toolbox #3 1:00 pm – 2:30 pm	3 Karate 10:00 am - 11:30 am CLG “Routines” 12:30 pm-2:30 pm	4 Emotional Wellness #29 10:00 am – 11:30 am Open Social “St. Lawrence Seaway: How Waterways Changed Canada” 1:00 pm -2:30 pm	5 Women’s Group 10:00 am – 11:30 am Games 11:00 am – 1:00 pm Yoga 1:30 pm – 2:30 pm	6
7	8 Office Closed: Staff Training	9 Toolbox #4 1:00 pm – 2:30 pm	10 Karate 10:00 am - 11:30 am CLG “Learning New things” 12:30 pm-2:00 pm	11 Emotional Wellness #30 10:00 am – 11:30 am Open Social “Francis Drake: World’s Most Controversial Pirate” 1:00 pm -2:30 pm	12 Games 11:00 am – 1:00 pm Yoga 1:30 pm – 2:30 pm	13
14	15 Coffee Group 11:00 am-12:00 pm	16 Toolbox #5 1:00 pm – 2:30 pm	17 CLG “Changes in Communication” 12:30 pm-2:00 pm	18 Emotional Wellness #31 10:00 am – 11:30 am Mobile Petting Zoo Potluck 1:00 pm -2:30 pm	19 Women’s Group 10:00 am – 11:30 am Games 11:00 am – 1:00 pm Yoga 1:30 pm – 2:30 pm	20
21	22 Coffee Group 11:00 am-12:00 pm	23 Toolbox #6 1:00 pm – 2:30 pm	24 CLG “Perseveration” 12:30 pm-2:00 pm PWD	25 Emotional Wellness #32 10:00 am – 11:30 am Open Social “Past, Present and Future of the Car” 1:00 pm -2:30 pm	26 Games 11:00 am – 1:00 pm Yoga 1:30 pm – 2:30 pm CPP/OAS/GIS	27
28	29 Coffee Group 11:00 am-12:00 pm	30 Toolbox #7 1:00 pm – 2:30 pm				