PG Brain Injured Group PHONE: 250-564-2447

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
1	2 Office Closed for Training	3 Toolbox #6 10:00 – 11:30 am Intro to Brain Injury #4 1:00 pm – 2:30 pm	4 Karate 10:00 -11:30 am CLG "Identifying Barriers" 12:30 pm-2:00 pm	5 Rebuilding # 35 10:00 am – 11:30 am Open Social "Wild Canada – The Wild West" 1:00 pm -2:30 pm	6 Games 11:00 am – 1:00 pm Yoga 1:30 pm – 2:30 pm	7
8	9 Coffee Group 11:00 am-12:00 pm AGM 1:00 pm -2:30 pm	10 Toolbox #7 10:00 – 11:30 am Intro to Brain Injury 1:00 pm – 2:30 pm	11 Karate 10:00 -11:30 am CLG "Impulse Control" 12:30 pm-2:00 pm	12 Rebuilding # 36 10:00 am – 11:30 am Petting Zoo Potluck 1:00 pm - 2:30 pm	13 Games 11:00 am – 1:00 pm Yoga 1:30 pm – 2:30 pm	14
15	16 Coffee Group 11:00 am-12:00 pm	17 Toolbox #8 10:00 – 11:30 am Intro to Brain Injury #1 1:00 pm – 2:30 pm	18 Karate 10:00 -11:30 am CLG "Anger" 12:30 pm-2:00 pm	19 Rebuilding # 37 10:00 am - 11:30 am Open Social "Edge of the World: BC's Early Years" 1:00 pm -2:30 pm	20 Games 11:00 am – 1:00 pm Yoga 1:30 pm – 2:30 pm Woman's Group "Menopause and Brain Injury" 10am – 11:30am	21
22	23 Coffee Group 11:00 am-12:00 pm	24 Toolbox 10:00 – 11:30 am Intro to Brain Injury #2 1:00 pm – 2:30 pm	25 Karate 10:00 -11:30 am CLG "Maintaining Health and Wellness" 12:30 pm-2:00 pm	26 Rebuilding # 38 10:00 am - 11:30 am Open Social "How Animals Survive the Winter" 1:00 pm -2:30 pm CPP/OAS	27 Games 11:00 am – 1:00 pm Yoga 1:30 pm – 2:30 pm	28
29	30 Coffee Group 11:00 am-12:00 pm Art Group 1:00 pm-3:00pm					