








| Su | Monday | Tuesday | Wednesday | Thursday | Friday | Sa |
|----|--|---|--|---|---|----|
| | | | <p>1 Karate 10:00 am – 11:30 am</p> <p>CLG "Will/Estate Planning" 12:30 pm-2:00 pm</p> | <p>2 Rebuilding 10:00 am – 11:30 am</p> <p>Open Social "BBC Wildlife Specials" 1:00-2:30 pm</p> | <p>3 Ping Pong/Crib/Jenga 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm – 2:30 pm</p> | 4 |
| 5 | <p>6 Office Closed</p>  <p>Staff Training</p> | <p>7 Toolbox 10:00 am – 11:30 am</p> | <p>8 Karate 10:00 am – 11:30 am</p> <p>CLG "Headaches after Brain Injury" 12:30 pm-2:00 pm</p> | <p>9 Rebuilding 10:00 am – 11:30 am</p> <p>Open Social "Wild Vancouver Island" 1:00-2:30 pm</p> | <p>10 Ping Pong/Crib/Jenga 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm – 2:30 pm</p> | 11 |
| 12 | <p>13 Coffee Group 11:00 am-12:00 pm</p> | <p>14 Toolbox 10:00 am – 11:30 am</p> | <p>15 PWD Karate 10:00 am – 11:30 am</p> <p>CLG "Budgeting & Money Management" 12:30 pm-2:00 pm</p> | <p>16 Rebuilding 10:00 am – 11:30 am</p> <p>Back Alley BBQ  1:00 pm- 2:30 pm</p> | <p>17 Ping Pong/Crib/Jenga 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm – 2:30 pm</p> | 18 |
| 19 | <p>20 Victoria Day Office Closed</p>  | <p>21 Toolbox 10:00 am – 11:30 am</p> | <p>22 Karate 10:00 am – 11:30 am</p> <p>CLG "Obsessive Thinking after Brain Injury" 12:30 pm-2:00 pm</p> | <p>23 Rebuilding 10:00 am – 11:30 am</p> <p>Open Social "David Attenborough Secret Forests " 1:00-2:30 pm</p> | <p>24 Ping Pong/Crib/Jenga 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm -2:30 pm</p> | 25 |
| 26 | <p>27 Coffee Group 11:00 am-12:00 pm</p> <p>Art Group 1:00 pm- 3:00 pm</p>  | <p>28 Toolbox 10:00 am – 11:30 am</p> | <p>29 CPP/OAS  CLG LUNCH & LEARN "Joy and where to find it" 12:30 pm-2:00 pm</p> | <p>30 Rebuilding 10:00 am – 11:30 am</p> <p>Open Social "The incredible twisting rapids of BC " 1:00-2:30 pm</p> | <p>31 Women's Group 10:00 am – 11:30 am</p> <p>Ping Pong/Crib/Jenga 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm -2:30 pm</p> | |