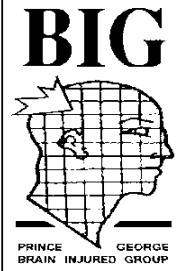


The Prince George Brain Injured Group

March 2023 Newsletter



Upcoming Events/Classes/Groups at PGBIG

Phone: 250-564-2447



Happy St. Patrick's Day to all of the BIG family!



Let's officially welcome our new case managers Jenn and Eric to our BIG family!

Jenn comes to us with a background in mental health and previously worked with BIG many years ago. She is super excited to be back!

Eric joins BIG from a background in mental health and social services working with children, adults and families going back to 2011. He graduated from UNBC with a degree in Psychology.



Let's Welcome Sally back to the role of Employment Facilitator!

Intro to Brain Injury Learning about the Brain
March 14, 21, 28 & Apr 4th
10:00 am – 11:30 am



The Employment Program has an opening for a casual janitor. Please contact Sally or Eric 250-564-2447 if you're interested in hearing more about the position!

Groups Weekly and Monthly:

Relationship Group 1st Monday of the month: **March 6th, 2023**
6:30 pm to 8 pm

<https://us06web.zoom.us/j/81574697230>

Karate
Wednesdays 10:30 pm – 11:30 am
In Person

Connect Learn and Grow (CLG)
Wednesdays 12:30 pm – 2:00 pm
In Person (Zoom is on hold)

Rebuilding – In Person
Thursdays 10:00 am – 11:30am

Open Social
Thursdays 1:00 pm – 2:30 pm
In Person

Women's Group
Fridays 11:00 am – 12:30 pm
Join Zoom Meeting
<https://us06web.zoom.us/j/81574697230>

St. Patrick's Day Potluck!
Come join us at the office for a meal together!

Thursday, March 30th, 2023
12:00 pm – 2:00 pm

Please bring a dish to share!

