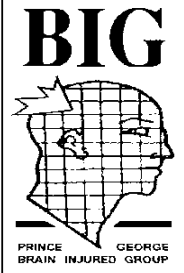


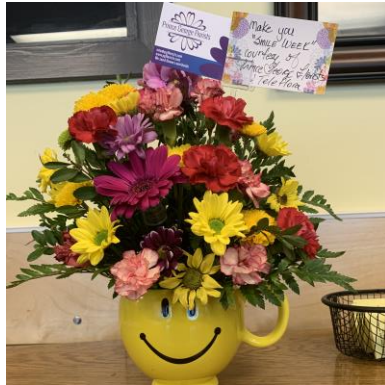
The Prince George Brain Injured Group

August 2022 Newsletter



Upcoming Events/Classes/Groups at PGBIG

Phone: 250-564-2447



**Office CLOSED for
BC Day
Monday August 1st**



Alison's Tree Lunch Day!

When: Thursday, August 18th, 2022

Where: Lheidli T'enneh Memorial Park (Fort George Park)

Exploration Place parking lot is the closest if you are driving

What time: 12:00pm-2:00pm

Come enjoy lunch, play games and relax with friends!



Bring a lawn chair or two if you have them! Please sign up so we can prepare enough food. There will be a sign up sheet for those that need a ride.

CNC Program

The CNC Trades Exploration Program is ongoing. It is a trades sampler through CNC where you learn carpentry, automotive and cooking. Employment supports in place for success and is facilitated by Sally. If interested, please speak to Sally or your case manager.

Employment Opportunities are available!

Are you looking for part-time work?

BIG is looking for two individuals to join the Clean Team. Position 1 is 4 days a week. Position 2 is 2 days a week. Call to connect with Leslie.

Groups Weekly and Monthly:

Relationship Group 1st Monday of the month: **No Group**
6:30 pm to 8 pm
Will Return in September

Family Support Group 3rd Monday of the month: **No Group**
6:30 pm to 8 pm
Will Return in September

Intro to Brain Injury & Toolbox
Tuesdays 10:00-11:30
In Person
Will Return in September

Connect Learn and Grow (CLG)
Wednesdays 12:30 pm – 2:00 pm
In Person or Join Zoom Meeting
<https://zoom.us/j/7248232279>

Open Social
Thursdays 1:00 pm – 2:30 pm
In Person

Women's Group
Fridays 11:00 am – 12:30 pm
Join Zoom Meeting
<https://zoom.us/j/7248232279>