


# August 2022

PHONE: 250-564-2447

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<p>1</p> <p>Office Closed for BC Day</p> 	2	<p>3</p> <p>CLG "Have fun like children" 12:30 pm-2:00 pm Join In Person or Zoom Meeting <a href="https://zoom.us/j/7248232279">https://zoom.us/j/7248232279</a></p>	<p>4</p> <p>Open Social "Area 51" 1:00-2:30 pm</p>	<p>5</p> <p>Women's Group "Motivation &amp; follow through" 11:00 am -12:30 pm Join Zoom Meeting <a href="https://zoom.us/j/7248232279">https://zoom.us/j/7248232279</a></p>	6
7	<p>8</p> <p>Coffee Group 11:00 am-12:00 pm</p>	9	<p>10</p> <p>CLG "How to turn off your brain" 12:30 pm-2:00 pm Join In Person or Zoom Meeting <a href="https://zoom.us/j/7248232279">https://zoom.us/j/7248232279</a></p>	<p>11</p> <p>Open Social "Internment Camps in BC" 1:00-2:30 pm</p>	<p>12</p> <p>Women's Group "Improvement vs accomplishment" 11:00 am -12:30 pm Join Zoom Meeting <a href="https://zoom.us/j/7248232279">https://zoom.us/j/7248232279</a></p>	13
14	<p>15</p> <p>Coffee Group 11:00 am-12:00 pm</p>	16	<p>17</p> <p>CLG "Making decisions" 12:30 pm-2:00 pm Join In Person or Zoom Meeting <a href="https://zoom.us/j/7248232279">https://zoom.us/j/7248232279</a></p>	<p>18</p> <p>Alison's Tree Lunch Day 12:00-2:00 pm Lheidli T'enneh Memorial Park</p>	<p>19</p> <p>Women's Group "Fear of missing out" 11:00 am -12:30 pm Join Zoom Meeting <a href="https://zoom.us/j/7248232279">https://zoom.us/j/7248232279</a></p>	20
21	<p>22</p> <p>Coffee Group 11:00 am-12:00 pm</p>	23	<p>24</p> <p>CLG "Emotional intelligence" 12:30 pm-2:00 pm Join In Person or Zoom Meeting <a href="https://zoom.us/j/7248232279">https://zoom.us/j/7248232279</a> PWD</p>	<p>25</p> <p>Open Social "Wrongfully convicted cases in Canada" 1:00-2:30 pm</p>	<p>26</p> <p>Women's Group "Does brain injury define me?" 11:00 am – 12:30 pm Join Zoom Meeting <a href="https://zoom.us/j/7248232279">https://zoom.us/j/7248232279</a></p>	27
28	<p>29</p> <p>Coffee Group 11:00 am-12:00 pm CPP</p>	30	<p>31</p> <p>CLG "Find your joy" 12:30 pm-2:00 pm Join In Person or Zoom Meeting <a href="https://zoom.us/j/7248232279">https://zoom.us/j/7248232279</a></p>			