



Prince George Brain Injured Group Society

1070 Fourth Avenue
Prince George, BC V2L 3J1

Telephone (250) 564-2447
Fax (250) 564-6928
info@pgbig.ca

July 1, 2021

Update on PG BIG's response to COVID-19
To our valued Members,

As we all continue this path of new 'normal', PG BIG wanted to update you on what is going on at our main office and how we are continuing to serve you.

We will be following the latest Provincial Health Orders, which means:

Masks are mandated for those who are not fully vaccinated. This means that if you are not vaccinated at all, or in the process of becoming vaccinated that you are still required to wear a mask.

If you are fully vaccinated and 2 weeks have gone by since your 2nd vaccination, then you are not required to wear a mask but can still do so if that is your preference.

Most of our groups and classes are facilitated via Zoom and we do have some in person programs:

Coffee Group – Monday at 1pm and Friday at 1030am

Walking Group – Wednesdays at 10am

Yoga- Thursdays at 10am

We will be transitioning to more in person classes in September and will keep you updated on what that will look like.

Our office is fully open and set up to make sure physical distancing measures are still maintained.

As a refresher:

If you have:

1. Knowingly have been in direct contact with someone who is a confirmed case of COVID-19.
2. Recently traveled outside of Canada or anyone in their household within the last 14 days.
3. Been ill with respiratory illness symptoms (fever, cough, fatigue, and/or muscle aches)

We ask you to refrain from accessing services in person and call your Case Manager. If you do come to the office, you will be asked to leave until you are no longer ill and/or safe to be in the community (the recommended 14 days isolation).

If you need to contact your Case Manager about the services we are providing, please phone 250-564-2447.

Together, we will continue to support you, our valued members, and uphold our commitment to the well-being and safety of our community.

I thank each one of you for your understanding and support.

In service and solidarity,

Sarah McCrea
Executive Director